

Senior News & Views

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Voter's Registration Photo ID

The Marion County and State Primary election will be held August 7th and will require you to show a photographic identification. You can show other forms of photographic identification such as United States passport, Government employee badge, U.S. military identification, State of Kansas postsecondary student identification card, concealed handgun license or a government public assistance card. If you do not have a

photographic identification you can apply for a free nondriver identification card at the Division of Motor Vehicles. You will need to sign a form containing an affidavit stating that you (1) are registered to vote and (2) do not possess a photographic identification document. If you are choosing to receive an Advance Ballot you will need to send a copy of your photo identification or provide your driver's license number on

the form. The last day to apply for an Advance Ballot is August 3rd in order to give you time to receive it and return it. The advanced ballot must be in the Clerk's Office on August 7th by mail or hand delivered. Individuals residing in a nursing home can get a nondriver identification card in order to get an advance ballot or to vote at their ward. For questions or more information about voting in primary election call Marion Co. Clerk 620-382-2185.

July 4, 2012

Independence Day



"Freedom's natal day is here. Fire the guns and shout for freedom,

See the flag above unfurled! Hail the stars and strips forever,

Dearest flag in all the world."

Florence A. Jones

LAFF FOR THE DAY:

"Why are frogs so happy?"



"They eat whatever bugs them!"

Marion County Dept. on Aging Webpage

Check out our updated Department on Aging webpage www.marioncoks.net Once on the site click on Departments and then click Dept. on Aging. Some of the things you will find on our page are the Re-

source Guide for seniors and their families. The Senior Citizens of Marion County page displays meeting dates, board members and 2012 minutes. The Department Newsletter and back two issues are

available. You can also register to receive the newsletter by mail or email. A special page has been designated for those getting ready to retire.



Telecommunications Access Program (TAP)

TAP is a Telecommunications Equipment Distribution Program for individuals with disabilities or impairments. The program is funded through the Kansas Universal Service Fund and is regulated by the Kansas Corporation Commission. This program provides specialized equipment for individuals who have hearing, vision, speech, cognitive or mobility disability or impairment, or a combination of impairments. You can apply and receive equipment free of

charge if you meet the following requirements: resident of State of Kansas, telephone service in your home, a disability or impairment which a specialized telephone would be more helpful, a household gross income of less than \$55,000 per year. Equipment they provide include: amplified cordless phone, large number amplified phone, emergency response telephone with remote, captioned phone, large number phone with number announcer, photo

button phone, teletypewriter, voice or hearing carry over phone, hands free telephone, personal emergency response system, speech amplification phone, speech amplification TeleTalk with phone, light flasher/visual signaler for phone, loud bell ringer. If you have questions about this program you can contact Marion County Dept. on Aging 620-382-3580.



Honoring Veterans of World War II and Korean War

The SCMC Board will be honoring World War II and Korean War Veterans at their Annual Meeting on October 18, 2012 at noon at the Hillsboro Senior Center. You can nominate a Veteran, who served during these two wars by picking up a nomination form from your local Senior Cen-

ter, Marion Co. Dept. on Aging or go onto the Department webpage at www.marioncoks.net and download the form. The eligibility requirements are: served in one of the Service Branches during one of these war times, live in Marion County or an active member of a Marion

County Senior Center, has an honorable discharge from the service and willing to attend the SCMC 52nd Annual Meeting on October 18, 2012. This nomination form must be into the Marion Co. Dept. on Aging by August 12, 2012.



Farmer's Market Vouchers



The Marion County Dept. on Aging still has Farmer Market Vouchers available for individuals age 60 and above. You must meet the income guidelines which is monthly gross income for a household of one-\$1722, household of two-\$2332,

household of three-\$2943 and household of four-\$3553. These vouchers can only be used at any Kansas Farmer's Market to purchase fresh fruits and vegetables from an authorized farmer. The farmer's booth will have a sign dis-

played "Senior Farmers' Market Nutrition Program-Checks Accepted Here". The checks equaling \$30 in value can be used from now through October 15, 2012.



Summer Safety Tips

Summer always brings anticipation of a trip and travel is easier and safer than ever before for older adults. With a little planning and some caution, you can safely visit almost any destination. Here are some things to keep in mind when making traveling plans. First, the most important summer travel health tip for seniors is to pay attention to the heat and stay hydrated. It is important that you drink ample amounts of water six to eight glasses per day be-

fore you are thirsty. Take it slow and not over do it. Take frequent breaks and don't over extend which might result in an injury. Wear proper clothing such as good walking shoes and light clothing to keep you cool. See your doctor a couple weeks ahead of your trip, as they can alert you to potential travel related health problems. Bring extra medication, it is always better to have more medication than needed rather than find yourself without. Carry a current

list of prescriptions and any other vital information on you. Inform people you are leaving and set a time you will call back throughout your trip to keep family/friends informed of your whereabouts. Don't put any information of your trip before hand on any electronic media. Once back you might consider calling your local senior center to share your trip, they are looking for programs.



Needy Meds Website



Needy Meds provides you with information about programs called PAPs (Patient Assistance Programs) which provide free or low-cost prescription medicine to low-income people who are uninsured or under-insured and meet the guidelines. Most medi-

cines are provided by the pharmaceutical companies who manufacture the medicine. People, who are enrolled in Part D prescription drug plan, can apply for some of these programs. The site also provides coupons for some over-the-counter medica-

tions such as: Bengay, Zantac and Pepcid. Prescription drugs include: Plavix, Kappra XR and Benicar. If you are on a prescription medication that is expensive and would like to know if there is a Patient Assistance Program for it, give us a call at [620-382-3580](tel:620-382-3580).

Mark your calendar for the upcoming events: ✓

JULY: July 4-County Offices & Nutrition-Sites closed, July 20-SCMC Bd. Mtg. Lincolnville

July 25-28, 2012 - 82nd Annual Marion County Fair - "At The Hop".

AUGUST: August 3-5-Goessel Threshing Days, August 17-SCMC Bd. Mtg. Marion Sr. Center

SEPTEMBER: September 1-3-Florence Labor Day Celebration, September 21-SCMC Bd. Mtg. Tampa Sr. Center, September 18-Senior Fair at Salina Bicentennial Center 8:00 am-4:00 pm

Senior Citizens of Marion County, Inc.

309 South Third

Marion, KS. 66861

620-382-3580

aging@marioncoks.net

Non-Profit

U.S. Postage Paid

Permit 20

Marion, Kansas. 66861

Address Service Requested

Drivers License Renewal: Vehicle Dept. Courthouse Tuesday through Friday:

8:30 a.m. to 4:00 p.m. Ph. 620-382-3106

Keep the following agencies & phone numbers handy:

Marion County Health Department all day clinics on Wednesdays - 620-382-2550

Marion County Home Care - Marion - 620-382-3690

Mental Health Service - Hillsboro - 620-947-3200

Veterans Representative - Call 620-342-3347 to schedule appointment at Marion Sr. Center.

Social Security - Toll Free-1-800-772-1213 or call Emporia Office-1-877-405-7830

SRS –Newton Regional Service Center - Newton Office - 1-888-369-4777

Central Home Care - Newton - 316-283-8220 or 1-800-301-9499

Harry Hynes Memorial Hospice - Wichita-1-800-767-4965

Hospice Care of Kansas - McPherson - 1-800-854-4802

Kansas Alzheimer's Help Line - 1-800-432-3535

DO NOT CALL LIST - 1-888-382-1222 - To have your phone number removed from the telemarketers call list you must dial this number from your home or cellular phone.

EMERGENCIES DIAL 911