

February 2015



Peabody Senior Center



983-2226

Mon	Tue	Wed	Thu	Fri
Ground Hog Day 2 Salisbury Steak, Bake Potato Vegetable Fruit Wheat Bread, Milk	3 Turkey Tetrizzini Vegetable Wheat Bread Milk	4 Smothered Pork Chop Mash Sweet Potato Green Beans, Brownie, Cinnamon Applesauce Wheat Bread, Milk	Make Valentines 5 Chicken & Noodles Steamed Broccoli Cake w/Strawberries Wheat Bread, Milk	6 Porcupine Meatballs Potato Vegetable Fruit Wheat Bread, Milk
9 Goulash, Corn Wheat Roll Fruit Milk	10 Fresh Ham Scalloped Potatoes Vegetable, Apples Wheat Roll, Milk	Birthday Dinner 11 Baked Chicken Potatoes w/Gravy, Green Beans, Fruit, Cake Wheat Roll, Milk DINNER W/THE DOCTOR	Make Valentines 12 Taco Salad Spanish Rice Fruit Milk	13 Roast Beef, Gravy Potatoes Steamed Broccoli Cake Wheat Roll, Milk
Board Meeting 16 PRESIDENT'S DAY Meatloaf, Mash Potatoes/ Gravy, Green Beans Fruit Cocktail Wheat Bread, Milk	17 Roast Pork, Gravy, Mash Sweet Potato, Mixed Vegetables, Wheat Bread, Milk, Pineapple Upside Down Cake	Ash Wednesday 18 Grilled Chicken Breast w/ Cream Gravy, Baked Bread Dressing, Vegetable, Fruit, Wheat Bread, Milk Lenten Devotions - Jim Pohlman	BINGO 19 Spaghetti w/Meat Sauce Tossed Salad w/Dressing Garlic Bread Cake, Fruit, Milk	SCMC Board 20 Baked Fish Macaroni & Cheese Vegetable Fruit Wheat Bread, Milk
23 Hamburger on Bun Lettuce/Tomato/Onion Potato Wedges Creamy Cole Slaw Fruit, Milk	Business Meeting 24 Turkey Pot Pie Fruit Milk	25 Grilled Liver & Onions or Beef Patty w/cooked onions Mash Potatoes w/Gravy Vegetable, Mixed Fruit, Wheat Roll, Milk – Lenten Devotions – David Ragland	26 Ham & Beans Corn Brad Carrots, Celery Tropical Fruit, Milk	27 Beef Stroganoff over Noodles, Steamed Cabbage w/Parsley, Fruit w/whipped topping, Rice Crispy Treat, Wheat Roll, Milk
Saturday, February 14 	Make Valentines Feb. 5 and 12 following lunch, come and make Valentines for residents of local care homes and shut-ins.	Lenten Devotions will begin on Ash Wednesday, February 18. Community pastors and laypersons will give a devotional on Wednesdays.	Make reservations for dine in, carryout or home delivered meals by calling 983-2226.	Suggested cost: Under Age 60 - \$5.00 Age 60+ - \$3.15